



Local #580

Members Assistance Program

RESOURCE MANUAL

for New York

Updated February 2025

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INTRODUCTION

The Resource Guide has been developed to assist members in obtaining services within the New York City area. If you have any questions, you can contact Ken Toback at the MAP at (212) 732-7897 ext. 235.

The information provided is as specific as we could make it, however, if you need information not provided here, please try the following things:

- **Use the telephone directory; especially the "Blue Pages" for government agencies.**
- **Call information and ask for the same name organization in your geographic area.**
- **Call the number given and ask if they have a referral for your area providing the same service.**
- **Call 1-(800) 555-1212 and ask if there is an 800 listing for the name or title needed.**
- **Contact your local elected official's office.**

FINANCIAL SERVICES

Unemployment Insurance

(888) 209-8124

Call to file for unemployment benefits or check the status of a claim.

American Financial Solutions

(888) 282-5899

Services include a free debt management program for those with a minimum of \$2500 in unsecured debt on at least two accounts. Unsecured debt includes credit cards, medical bills, a repossessed vehicle, old utility bills, etc.

Money Management International

(888) 845-5669

Confidential credit and budget counseling, Debt management services and bankruptcy education.

Credit Reports

Equifax

(888) 378-4329

Experion

(888) 397-3742

TransUnion

(800) 916-8800

Greenpath

(866) 476-0261

Debt consolidation program and budgeting services.

Fee for service; depends on income and the amount of debt.

United States Internal Revenue Service

(800) 829-4933

Answer tax filing questions, including Child and Dependant Care Credit and Earned Income Tax Credit.



FOOD RESOURCES

* SEE GOVERNMENT ENTITLEMENT PROGRAMS FOR INFORMATION REGARDING FOOD STAMPS AND WIC.

City Harvest

(646) 412-0758

Emergency food programs and services for individuals and low income families with children. Call Monday through Friday to City Harvest. You must provide your zip code.

Food Stamp Eligibility Line (SNAP)

(212) 894-8060

Food Bank for NYC

Referrals to food pantries and soup kitchens throughout the 5 boroughs.

(212) 566-7855

New York City Emergency Foodline

Emergency food assistance, information regarding, applying for food stamps and other public benefits.

(866) 888-8777



GOVERNMENT ENTITLEMENT PROGRAMS

NYC Cash Assistance

(929) 273-1872

Eligible families may receive up to 60 months of federally funded cash assistance under the Temporary Aid to Needy Families Program (TANF). Single individuals without children and families who have already received cash assistance for 60 months may receive benefits under the New York State Safety Net Program..

NYC HRA Emergency Assistance

(718) 557-1399

You may be able to get cash help if you cannot pay your bills because you lost your job, are getting less pay from your job, or had another emergency like an unexpected medical situation. This help is called "Emergency Assistance" or a "One Shot Deal."

Emergency Rental Assistance Program

(844) 691-7368

The New York State Emergency Rental Assistance Program (ERAP) will provide significant economic relief to help low and moderate-income households at risk of experiencing homelessness or housing instability by providing rental arrears, temporary rental assistance and utility arrears assistance.

Nassau County Social Services Department

(516) 227-8519

Medicaid

(877) 267-2323

Covers expenses for hospitals, physicians, nursing homes, dentists, and other types of care. There are limits on assets and income. For Long Island, dial 411 to get the information for the social service department in your town.

NY Medicaid Choice

(800) 505-5678

Medicare (Social Security)

(800) 633-4227

Pays certain healthcare costs. Applicants must be 65 or older (certain disabled persons any age). There are no limits on assets or income.

NYC Department of Health

311 or (800) 663-6114

The city of New York has services to ensure public health and to service certain at-risk citizens. The services include free confidential AIDS screening, child health care, dental care, tuberculosis testing and treatment and maternity and prenatal services. The phone number given gives the caller access to a computer automated referral system. Have a pen and paper ready to write down phone numbers.

New York State Unemployment Insurance

(888) 209-8124

There are several offices in each geographic location. Directory Assistance (311) can give you the number for the office most convenient to you.

Social Security Administration

(800) 772-1213

To apply for SSD or SSI benefits. Also available on the web at www.ssa.gov.

US Department of Veterans Affairs

(800) 698-2411

Provide pensions, medical care and prescription drugs, compensation, burial and other benefits. At any age, veterans may be eligible for a range of services. Their dependents and survivors may also receive certain benefits. Apply at the U.S. Department of Veterans Affairs.

HEALTH SERVICES (PHYSICAL & MENTAL)

NYC Department of Health and Mental Hygiene (212) 639-9675

Mount Sinai Hospital (212) 241-6500
1 Gustave Levy Place, NY, NY 10029

Elder Abuse Program (212) 614-5898

Kravis Children's Hospital (212) 241-9500

Kravis Child and Family Support (212) 241-5918

NY Center for Children (212) 517-3012

Samaritans NYC

A great place to turn if you're struggling with suicidal thoughts or just need emotional support. They have a 24/7 confidential crisis hotline, support groups for people who've lost someone to suicide, and programs to help spread mental health awareness. It's a safe, non-judgmental space where you can get help or learn how to support others. (212) 673-3000

Veterans Crisis Line

A free, confidential support service for veterans, active service members, and their loved ones. It's available 24/7, whether you need to talk, text, or chat online. The responders are trained professionals, many of them veterans, so they get it. You don't have to be enrolled in VA benefits, anyone who served can reach out. It's all about getting help fast, no judgment, just support. 988 then Press 1

HOUSING SERVICES

Housing Court Answers (formerly Citiwide Taskforce) (212) 962-4795
Referrals to agencies that provide help with rental arrears.

NYS Housing and Assistance Program (518) 473-1090

NYC Housing Connect (212) 863-7990

NYC Department of Homelessness Services (212) 361-8000

Coalition for the Homeless (888) 358-2384

LEGAL SERVICES

The Association of the Bar of New York City (212) 382-6696
Special Monday night law clinic provides a free 30-minute consultation with an attorney to answer questions only. No legal work, but will refer to specialists who are carefully screened.

Legal Action Center of the City of New York (212) 243-1313
Provides legal services to recovering drug addicts and alcohol abusers, ex-offenders and people with Aids regarding housing, health care issues and prior criminal convictions.

Legal Aid Society
Manhattan (212) 577-3300
Queens (718) 286-2450
Bronx (718) 991-4758
Brooklyn (718) 722-3100
Staten Island (347) 422-5333
Nassau County (516) 560-6400

Legal Services of Long Island (516) 292-8100

Legal Services of New York City (917) 661-4500
Upper Manhattan (212) 348-7449
Lower Manhattan (646) 442-3100
Bronx (718) 928-3700
Brooklyn (718) 852-8888
South Brooklyn (718) 237-5500
Queens (Jamaica) (718) 657-8611
Queens (Long Island City) (718) 392-5646
Staten Island (718) 233-6480

MFY Legal Services Inc., Family Law Unit (212) 417-3700
299 Broadway, 4th flr., NY, NY 10007
Free legal services for all relevant areas of family law such as child support, custody, visitation, divorce.

PARENTING/CHILDCARE

Child Care Inc. <i>A free public service agency that explores child care options and provides referral information for New York City.</i>	(212) 929-4999
Child Health Plus <i>Free or low-cost health insurance to needy children up to age 19. The cost of the coverage is based on annual family income.</i>	(800) 698-4543
Child Care Resource and Referral Consortium <i>Provides lists of daycares and summer camps depending on location of residence.</i>	(888) 469-5999

ADDICTION SERVICES

Chris Scattone Local 580 Peer to Peer Counselor	(844) 580-5880 Ext. 1
Alcoholics Anonymous	(212) 647-1680
Al-Anon (for family members of Alcoholics) + Alateen (teens of alcoholics)	(212) 941-0094
Anthem Customer Helpline	(800) 626-3643
Cocaine Anonymous	(212) 262- 2463
Debtor's Anonymous	(212) 969-8111
Gamblers Anonymous	(855) 222-2422
Intercare	(212) 532-0303
Lifenet	(800) 543-3638
Long Island Center for Recovery	(631) 728-3100
Marijuana Anonymous	(917) 525-3653
Narcotics Anonymous	(212) 929-6262
New York State Addictions Hopeline	(877) 846-7369

WEB RESOURCES

<u>FINANCIAL SERVICES</u>	
American Financial Solutions	www.myfinancialgoals.org
Money Management International	www.moneymanagement.org
GreenPath	www.greenpath.com
US Internal Revenue Service	www.irs.gov
NYC Cash Assistance	www.nyc.gov/site/hra/help/cash-assistance.page
<u>FOOD RESOURCES</u>	
City Harvest	www.cityharvest.org
Food Bank NYC	www.foodbanknyc.org
<u>GOVERNMENT ENTITLEMENT PROGRAMS</u>	
Low Income Home Energy Assistance Program	www.acf.hhs.gov/ocs/programs/liheap
Medicaid	www.health.ny.gov/health_care/medicaid
NY Department of Health	www.health.ny.gov
NYS Unemployment Insurance	dol.ny.gov/unemployment/unemployment-insurance-assistance
Social Security Administration	www.ssa.gov
Veterans Affairs	www.va.gov
Office of Victim Services	ovs.ny.gov
<u>HEALTH</u>	
NYC Dept of Mental Health and Hygiene	www.nyc.gov/site/doh
Carelon Behavioral Health (formerly Beacon Health and Value Options)	www.valueoptions.com
Listing of therapists within insurance network	www.headway.co
Samaritans NYC	www.samaritansnyc.org
Veterans Crisis Line	www.veteranscrisisline.net

<u>HOUSING SERVICES</u>	
Coalition for the Homeless	www.coalitionforthehomeless.org
Covenant House	www.covenanthouse.org
Housing Works	www.housingworks.org
NYC Housing and Support Services	otda.ny.gov/programs/housing/providers
<u>LEGAL SERVICES</u>	
NYC Bar Association	www.nycbar.org
<u>PARENTING/CHILDCARE</u>	
Child Care Inc.	www.childcareinc.org
Child Care Network	www.childcarenetwork.org
Child Health Plus	www.health.ny.gov/health_care/child_health_plus
<u>SOCIAL SERVICE AGENCIES</u>	
American Red Cross	www.redcross.org
Community Service Society	www.cssny.org